



Driver CPC TransTrain Modular Course M7. Principles & Theory of Man. Handling

Course Content

Reasons for Manual Handling
Potential and common injuries
The role and functions of the spine
Defining hazard, risks and control measures
Recording requirements for risk assessments

Combine this course with...

1. Driving Licences & Drivers Hours
2. Driver CPC & Digital Tachographs
3. Daily Checks & Basic Preventative Maintenance
4. The Professional Driver, Drink and Drugs
5. Safe Driving and SEEDS
6. Safe Loading and Load Security
8. First Aid Annual Refresher

Location

This course can be delivered in our own training rooms or alternatively at a suitable venue of your choosing.

The suitable venue will need to be assessed for suitability; a form to do this would be made available.

Who is it for?

All drivers of HGV and PCV vehicles since 2014 / 2013 require a (Driver Qualification Card) DQC to be able to drive professionally. Our CPC courses are designed to ensure all drivers keep their DQC card legal.

Whilst many companies and Transport Manager will be tasked with ensuring that all drivers have a current DQC, we honestly believe it to be a joint responsibility.

HGV or PCV?

This course has been approved for drivers of both HGV and PCV.

Course Duration

This course will need to be combined with another module to count towards your periodic training.

Candidate Requirements

Candidates must be willing to participate within the training session as some lifting will be required.

Please advise us in advance of any attendee(s) who may have learning difficulties



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